

INDIAN MAIN COURSE / PLATOS PRINCIPALES HINDÚ

Chicken - Pollo 8,70	Chicken Tikka - Pollo Tikka 8,95	Lamb - Cordero 10,50
Prawns - Gambas 11,90	King Prawns - Langostinos 15,90	Beef Prime- Ternera 14,90
Fish - Pescado 11,95	Mild - Medium - Hot	

Korma: A very creamy and mild dish topped with coconut

Un plato muy cremoso y suave cubierto con coco

Tikka Masala: A world famous dish. This smooth & creamy dish is a must try

Un plato muy famoso. Suave y cremoso, debes probarlo.

Butter Chicken: Chicken cooked in butter & indian spices with sauce

Pollo cocinado con mantequilla y especias indias con salsa.

Curry: Our chef will prepare this dish to your liking with many indian spices.

Mild-Medium-Hot

Nuestro chef prepara este plato con mucha especias hindúes. Suave-Medio-picante

Madras / Vindaloo / Phal: For the well trained indian food enthusiasts

Para los amantes de la comida india bien entrenados.

Jalfrezy: Sweet & sour sauce with ginger, garlic, onions, green peppers and butter

Salsa agri dulce con jengibre, ajo, cebolla y pimiento verde con mantequilla.

Bhuna: A very famous indian dish with pepper, onion, garlic, ginger and butter

Un muy famoso plato hindú con pimientos, cebolla, ajo, jengibre y mantequilla.

Dhansak: Beautiful dish cooked with lentils in a sour curry sauce

Hermoso plato cocinado con lentejas en salsa de curry.

Rogan Josh: A nice dish cooked with yogurt. We recommend Lamb or Chicken

Un buen plato cocinado con yogurt. Se recomienda pedir con Pollo o Cordero

Muglai: Cooked in curry sauce with egg & cream; Cocinado con curry huevo y nata.

Mango: Mild sauce with mango & cream. Salsa suave de mango y nata

Malayam: Mild sauce with pineapple & cream; Salsa suave con piña y nata.

Karahi: A dry dish cooked with pepper, onion, tomato, ginger and garlic

Un plato seco cocinado con pimientos, cebolla, tomate, jengibre y ajo.

Do Piazza: Meat cooked in onion sauce & onion slices

Carne cocinada en salsa y rodajas de cebolla.

Pathia: With mango sauce, Touch of honey and curry sauce

Con salsa de mango, un toque de miel y salsa de curry.

Saag: Cooked with spinach and a touch of cream curry sauce

Cocinado con espinacas y un toque de cremosa salsa de curry.

Achari: Cooked with garlic, onion, ginger & mix lime pickle

VEGETARIAN DISHES / PLATOS VEGETARIANOS

Dal Tarka 6.95

Lentils and spices sauce. / Lentejas y especias en salsa de curry.

Dal Makhni 7.50

Lentils cooked in butter & cream/Lentejas cocinadas en mantequilla y nata.

Bombay Aloo 6.95

Potatoes with chutney in curry sauce/Patatas con chutney en salsa de curry

Garlic Mushroom Curry A full flavoured curry that even the meat 7.50

lovers would enjoy it Un curry que los amantes de la carne gozarian

Vegetable Curry (All mix vegetable) Verdura Curry 6.95

Aloo Gobhi, Saag Aloo Cauliflower and potato cooked with ginger 6.95

garlic and fresh tomatoes Coliflor y patatas con jengibre, ajo, tomates frescos

Chana Masala 7.30

Cheek with chunky onion and spices in curry sauce

Bhindi Bhaji 7.50

Lady finger (okra) with onion, garlic, ginger, pepper, tomato & spices

Bangan Bhurtha 6.95

Roasted aubergine with onion, garlic, tomato & spicy thick curry sauce

Vegetable Korma/ Palak Paneer 7.50

Saag Bhaji 6.95

Spinach with ginger, garlic & cream/Espinaca con jengibre, ajo y nata.

CHEF'S SPECIALS / ESPECIALIDADES

Balti

Chicken or Chicken Tikka - Pollo o Pollo Tikka 11,95 Lamb - Cordero 12,90

Beef or King Prawns - Ternera o Langostinos 14,95

Cooked in a balti with gee (indian bucket with butter) tomato, onion & coriander.

Cocinados en balti con gee (recipiente y mantequilla india) tomate, cebolla y cilantro

Fish Goa Curry Filete Rosado 12.50

Handi

Chicken or Chicken Tikka - Pollo o Pollo Tikka 10,95 Lamb - Cordero 11,95

Beef or King Prawns - Ternera o Langostinos 14,95

Biryani

Chicken or Chicken Tikka - Pollo o Pollo Tikka 11,95 Lamb - Cordero 12,95

Beef or King Prawns - Ternera o Langostinos 15,95 Mix Biryani-Mixto Biryani 13,95

A tasteful rice dish with vegetables, chicken, lamb, & chicken tikka.

Un delicioso plato de arroz con verduras, pollo, cordero y pollo tikka

Chilli Chicken 12.50

A delicious spice with chilli garlic, peppers mixed and onion

Especiado con ajo picante y una mezcla de pimienta y cebolla.

Chicken Pasanda 12.60

Stuffed chicken breast with spinach, cheese and special sauce

Pechuga de pollo rellena con queso casero y espinaca en salsa especial

Chicken Tikka Wrap 7.95

INDIAN SIDE ORDERS / ACOMPAÑANTES HINDÚ

Boiled Rice Arroz Blanco 2.30

Pilau Rice Arroz Pilau 2.75

Egg Fried Rice or lemon Rice Arroz Frito con Huevo o con limón ... 3.50

Mushroom Fried Rice Arroz Frito con Champiñones 3.50

Kashmiri Sweet Rice Arroz Dulce con Frutos Secos 3.95

Vegetable or Garlic or Onion Rice Arroz con Verdura o ajo o cebolla 3.50

Keema Rice Arroz con carne picada 3.95

NAAN BREAD / PAN HINDÚ

Plain Naan Pan normal 2.30

Cheese Naan Pan con queso 3.95

Pashwari Naan Pan con frutos secos 3.95

Keema Naan Pan con carne picada 3.50

Garlic Naan Pan con ajo 2.95

Cheese & Garlic Naan Pan queso y ajo 3.95

Bullet Naan (chilli) Pan muy picante 2.95

Chapati or Tandoori Roti Pan de trigo 1.95



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STARTERS / ENTRADAS

Poppadom	0.90
Vegetable Soup (Sopa de Verduras)	4.95
Soup of the day (Beef & Tomato) Sopa del Día (Carne y Tomate)	4.95
Spring Roll (Home made fresh with vegetable) (3 pieces)	4.95
Rollito Primavera (casero con verduras) (3 piezas)	
Flame Spicy Buffalo Wings (Alas de búfalo picantes)	5.95
Blooming Onion (Cebolla de blooming)	5.50
Deep fried onion in a spicy cajun batter.Cebolla frita rebosada masa picante.	
Prawn Cocktail (served with rose marysauce).....	7.50
Cocktail de Gambas (servido con salsa rosa)	
Prawns PIL PIL (Gambas PIL PIL)	7.25
King prawn served in sizzling dish with spicy garlic & olive oil	
Gambas servidas con aderezo de ajo y aceites	
Garlic Mushrooms (Ajo con Champiñones)	5.50
Thai Fish Cake	6.90
Home made fish cake served with sweet chilli sauce	
Pastel de pescado casero servido con una salsa dulce picante	
Mexican Nachos ...Vegetable (Verdura)... 6,50 Chicken (Pollo).	7.50
Nacho topped with jalapeño peppers, onion & cheese, served	
with spicy tomato relish, sour cream Nachos cubiertos con pimientos	
jalapeños, cebolla y queso, servido con una salsa picante y salsa agria	
Calamari Fritti	6.95
Home made deep fried baby squids, served with garlic mayo	
Aros de calamares fritos servidos con salsa alioli	
Flame King Prawn Tempura	7.25
King prawn, peppers & onion deep fried in a light home made	
tempura batter, served with sweet chilli dip Langostinos, pimientos y	
cebolla frita, en una tempura casera, servido con salsa dulce picante	
Chicken Manchurian.....	5.95
Grill's chef's special chicken & vegetable balls served in a sweet light spicy	
sauce. Pollo especial chef y bolas verduras, servido en salsa suave picante	
Flame Jumbo Combo	15.90
Spicy chicken wings, spring rolls, garlic mushrooms, shredded	
deep - fried onion, skin potato. Alitas de pollo picante,	
rollitos primavera, ajo con champiñones, cebolla frita rebosada.	
Flame Tex - Mex Combo	14.50
Mozarella sticks, spicy chicken wings, BBQ ribs, nachos, cheese	
stuffed jalapeño. Served with sour cream and guacamole.	
Lonchas de mozzarella, alitas de pollo picante, costillas BBQ,	
nachos queso, jalapeño. Servidos con guacamole.	
Prawn au Gratin in spicy sauce / Gambas Gratinadas en salsa picante	7.50
Thai Salt & Pepper Chicken / Thai con sal y pimiento Pollo	5.95
Thai Salt & Pepper King Prawn/Thai con sal y pimiento langostinos	7.95
Chorizo al infierno	5.50

OUR INDIAN STARTERS / ENTRANTES HINDÚ

Onion Baji (3 pieces) Cebolla Baji	3.95
Chicken Pakora Pollo Pakora	5.50
Vegetable Samosas(2 pieces) Empanada de Verduras	4.50
Meat Samosas(2 pieces) Empanada de carne	4.95
Mixed Platter for 2 person Mixed of all indian starters	12.95
Prawn Puri Gambas Puri	7.50
Prawn cooked in indian curry sauce, served of crispy fried indian bread	
Gambas cocinadas en salsa curry, servida con pan crujiente hindu.	

TANDOORI SPECIAL

Chicken Chat Chat de Pollo	6.90
Chicken Tikka Pollo Tikka	5.95
Chicken Cheese Tikka Pollo Tikka con quesos	6.95

Chicken Tandoori Pollo Tandoori.....	6.95
Sheek Kebab	7.25
Chicken Sasilik Pollo Saslik	7.50
Fish Tikka Pescado Tikka	11.95
King Prawn Tikka Langostinos Tikka	13.95
Tandoori Mix Grill	18.50
Tandoori chicken leg, king prawn, chicken tikka, lamb & chicken kebab	
Muslos de pollo tandoori, langostinos, pollo tikka, cordero y pollo kebab	

FLAME BURGERS / HAMBURGUESAS GRILL'S

Our home made beef burger served with chips	
Nuestra hamburguesa casera de ternera es servida con patatas fritas.	
Cheese & bacon burger (Served with garlic mayonnaise).....	7.95
Plain burger, 100% prime angus beef	6.95
Crispy chicken burger, chicken burger	7.95
Served with iceberg, onion, tomato & cheese	
Very Special Indian Burger .Chicken (Pollo) 8,50 Lamb (Cordero) 9.90	
Only at Flame lamb or chicken patty marinated in traditional indian	
spices, served with dips & chips Hamburguesa Hindú especial	
marinada con pollo o cordero, servida con salsas y patatas	
Flame special burger, Hamburguesa especial Flame	11.90
of prime beef, smoked bacon, onion rings, cheddar cheese, iceberg &	
tomato served with chips & cajun mayonaise. Filete de primera, beicon,	
cebolla, queso cheddar y tomate servido con patatas fritas y mayonesa	

MEXICAN FAJITAS

Sizzling fajitas mixed onion & pepper served with guacamole, sour cream,	
tomato relish, grated cheese with mexican tortilla bread	
Fajitas a la plancha mezcladas con cebolla y pimiento. Servidas con	
guacamole lonchas tomate, queso gratinado y tortilla de pan mexicano.	
Chicken Fajitas Fajitas de Pollo.....	10.95
Beef Fajitas Fajitas de Ternera	13.95
King Prawn Fajitas Fajitas de Langostino	15.95
Mix Fajitas Fajitas Mixtas	14.95

THAI STIR FRY / SALTEADOS THAI

Beef Stir Fry.....	12,95
Tender strips of marinated fillet steak with vegetables & egg noodles	
Ternera marinada frita, servida con vegetales y spaguetti	
Asian Chicken Stir Fry	10,95
Marinated tender chicken breast with vegetables & egg noodles	
Pollo marinado frito con verduras y tallarines	
King Prawn Stir Fry.....	13.95
Tiger prawns with vegetables & asian spices, with egg noodles	
Langostinos tigres marinados con verduras, y spaguetti	
Chicken Tikka Stir Fry	11,95
Pieces of Chicken Tikka with Vegetables & egg noodles	
Pollo Tikka marinado frito con verduras, y spaguetti	

FISH / PESCADO

Salmon	11.95
Served with a cream & king prawn sauce Servido con nata y salsa de gambas	
Sword Fish (Pez Espada)	10.95
Cooked in garlic, olive oil & white wine, lemon sauce	
Cocinado en salsa de ajo, aceite de oliva, vino blanco y limón	
Fish & Chips (Pescado con patatas)	8.95
Cod fillet served with mushy peas Abadejo frito con puré de guisantes	
Flame Fish Bucket	13.95
A bucket loaded with chips, white fish, calamari, coconut kingprawn	
served with sauce Cubo rebosado de patatas, pescado blanco,	
calamar, gambas, langostinos y coco. Servido con salsa	

MEAT POULTRY / CARNES & AVES

Peppered Steak.....	11.95
Slices of tender fillet steak served in black pepper cream	
Tiras de carne tierna servidas en crema de pimienta negra	
Beef Strogonoff	11.95
Strips of Tender steak cooked in a strogonoff sauce	
Tiras de carne tierna cocinadas en salsa strogonoff	
Jamaican Pepper Pot	11.95
Strips of tender steak with crushed black pepper, sweet peppers	
and onion sauce. Could be Mild, Medium, Hot	
Tiras de carne con pimienta negra, pimienta dulce y cebolla	
Chicken Strogonoff	10.95
Slices of chicken cooked in a strogonoff sauce	
Tiras de pollo cocinadas en salsa strogonoff	
Chicken Pepper Brandy	10.95
Tender pieces of chicken cooked in creamy pepper sauce	
Ternas piezas de pollo cocinadas en salsa de pimienta	

FROM THE GRILL / DE LA PLANCHA

Prime Filled Steak	(190 grs) 15.95	(300 grs)	18.95
Rib Eye Steak....(350 grs)				16.95
Flame Combo Grill				18.95
Mix of fillet steak, pork chops, lamb chops, bacon, chicken,				
king prawns, chorizo and tomato				
Parrillada de carne, cordero, pollo, bacon, langostinos y mas				
Surf & Turf				20.95
Prime fillet 300 GRS cooked to your liking served with				
king prawns and home made onion rings				
Filete de primera 300 GRS al gusto, langostinos y aros cebolla				
Spare Ribs. Costillas				13.95
A full rack of ribs served with home made chips, corn on the				
cob, coleslaw & Jack Daniel's sauce				
Tiras de costilla de cerdo con patatas fritas, maiz en salsa de				
Jack Daniels				
Grilled Chicken Pollo a la Plancha				8,55
Served with home made chips & garlic mayonese				
Servido con patatas fritas caseras y alioli				
Lamb Chops Grilled Chuletas de cordero a la Parrilla				18,95
Served with mashed potatoes & rosemary sauce				
Servido con pure de patatas y salsa rosemary				
Lamb Shank.....				14.95
Slow roasted lamb shank served thyme rosemary sauce, &				
mashed potato				
Cordero asado con una salsa de romero, brócoli, pure y patatas				

SIDE ORDERS / ACOMPAÑANTES

Side Salad Ensalada	1.95	Onion Rings Aros de Cebolla ...	2.50
Boiled Rice Arroz Blanco... ..	2.30	Jacket Potatoes Patatas Asada	2.25
Chips Patatas Fritas	2.25	Mashed Potatoes Pure de Patatas	2.25
Fresh Vegetables Verduras Frescas			2.40

SALADS / ENSALADAS

Chicken Tikka Salad Ensalada de pollo Tikka	6.90
Mixed Salad .Ensalada Mixta	5.90
Tuna Salad Ensalada de Atún	7,50

GARLIC BREAD / PAN CON AJO

Plain Garlic Bread Pan con ajo solo	1.75
Cheesy Garlic Bread .Pan con ajo y queso	2.50